

solitude nordic trails

Solitude has a variety of trails to suit your needs, from flat, open areas on the lake to rolling, wooded trails.

Easier •

Lake Flat - 0.8 km Evergreen - 0.4 km

Little Redman - 1.0 km Mid Redman - 1.2 km

Silver Lake - 0.5 km Solitude Street - 0.5 km

More Difficult

Bypass – 0.3 km

New Sensation – 1.5 km

Big Redman – 2.0 km

Cornucopia – 3.0 km

Cabin Fever – 1.5 km

SKIER RESPONSIBILITY CODE

Snowsports can be enjoyed in many ways. At ski areas, you may see people using alpine, snowboard, telemark, cross country and other specialized ski equipment, such as that used by disabled or other skiers. Regardless of how you decide to enjoy the slopes, always show courtesy to others and be aware that there are elements of risk in skiing that common sense and personal awareness can help reduce. Observe the code listed below and share with other skiers the responsibility for a great skiing experience.

- Always stay in control, and be able to stop or avoid other people or objects.
- People ahead of you have the right of way. It is your responsibility to avoid them.
- You must not stop where you obstruct a trail, or are not visible from above.
- Whenever starting downhill or merging into a trail, look uphill and yield to others.
- Always use devices to help prevent runaway equipment.
- Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
- Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.
- This is a partial list.

KNOW THE CODE. IT'S YOUR RESPONSIBILITY.

Use Facilities at Your Own Risk

Skiers and snowboarders assume the inherent risks of skiing and snowboarding. Therefore, Solitude requires that participants recognize the dangers or conditions which are an integral part of the sports of skiing, snowboarding and ski jumping, including but not limited to: changing weather conditions; variations or steepness in terrain; snow or ice conditions; surface or subsurface conditions such as bare spots, forest growth, rocks, stumps, impact with lift towers and other structures and their components; collision with other skiers; and a skier's failure to ski or jump within the skier's own ability. If you cannot accept the inherent risks of the sport, please do not ski in this area.

Glide in our winter wonderland. Solitude's Nordic Center is one of the best-kept secrets. Explore twenty kilometers of pristine trails through some of Utah's most stunning, and secret, terrain. Easily accessible from the Solitude Village, the trails offer both classic and skate styles of Nordic skiing. If you need to brush up on technique, private and group lessons, clinics and workshops, and snowshoe tours are offered. Nordic trail passes and snowshoe rentals are available at the Powderhorn Adventure Center and the Nordic Center. Nordic ski rentals are available at the Nordic Center only. Happy trails.



trail pass & equipment rates

Current trail pass and equipment rental rates for snowshoeing and Nordic skiing are available on our website. Full- and half-day rates are available as well as season passes. Visit solitudemountain.com/nordic for more information, or call 801.536.5774.

private & group lessons

Visit solitudemountain.com/nordic for rates and details.

Private and group lessons are available daily for kids and adults. Beginning in January, the Nordic Center offers free classic ski lessons for beginners the first Friday of each month at 3:00 p.m. (trail pass and rental equipment not included).



snowshoe tours

Visit solitudemountain.com/nordic for rates and details.

One-hour guided snowshoe tours are offered twice daily at 10:30 a.m. and 1:30 p.m. Trail pass, snowshoes, overshoes, and poles are included. Enjoy the stunning scenery while learning about beautiful Big Cottonwood Canyon. Advance reservations required.

clinics & workshops

Visit solitudemountain.com/nordic for rates and details.

Women's Skate Clinic

Improve your skills and technique while meeting other women Nordic skiers. Four-week sessions offered on Sundays from 2:00 to 3:00 p.m. throughout the season.

Intermediate Skate Workshop

This coed clinic focuses on refining your technique. Two-week sessions offered on Sundays from 9:00 to 10:00 a.m. throughout the season.

Classic Workshop

Learn on-snow technique and the advantages of proper waxing. Two-week sessions offered on Sundays from 9:00 to 10:00 a.m. throughout the season.

Kid's Clinic (7-13)

The Kid's Clinic allows children the opportunity to enjoy Nordic skiing through games and races that incorporate helpful tips and instruction. Rentals not included.

solitude dining

From award-winning family favorites to flavorful convenience, Solitude Mountain Resort offers exactly what you are craving during, or after a day on the mountain. You will find a variety of restaurants, both on and off the slopes, where every meal is served with a side of scenery from our friendly staff. Visit solitudemountain.com/dining for more information.



solitude lodging

A stay at Solitude is the retreat you didn't know you needed. Varied accommodations hold families, groups, or solo trippers — all with unbeatable views and world-class terrain right outside your door. Hit snooze or set an early alarm for impressive mountain adventures at your new home away from home. Visit solitudemountain.com/lodging for more information.





12000 Big Cottonwood Canyon Solitude, UT 84121 801.534.1400 | 800.748.4754





Open daily from 8:30 a.m. to 4:30 p.m.

Free shuttle from Solitude Village to the Nordic Center at 10:00 a.m., 1:00 p.m., and 3:30 p.m.

801.536.5774 | solitudemountain.com | #SolitudeMountain